



Washington & Jefferson - Lancaster

Your Workers' Compensation Insurance Carrier is:

Encova Insurance

PO Box 3151 Charleston, WV 25332

Phone: 1-866-452-7425

NOTICE TO EMPLOYEES IN CASE OF WORK-RELATED INJURIES

1. If you suffer a work-related injury, your employer or its insurance company must pay for reasonable surgical and medical services and supplies, orthopedic appliances and prosthesis, including training in their use.
2. In order to insure that your medical treatment will be paid for by your employer or the insurance company, you must select from one of the following health care providers. You must continue to visit one of the providers listed below, if you need treatment, for ninety (90) days from the date of your first visit.
3. If one of the providers below refers you to another licensed specialist, your employer or their insurer will pay the bill for these services.
4. After this ninety- (90) day period, if you still need treatment and your employer has provided a list as set forth above, you may choose to go to another health care provider for treatment. You should notify your employer of this action within five days of your visit to said provider.
5. If a physician on the list prescribes invasive surgery, you may obtain a second opinion from any physician of your choice. If the second opinion is different than the listed physician's opinion, you may determine which course of treatment to follow; however, the second opinion must contain a specific and detailed treatment plan. If you choose the second opinion, the procedures in that opinion must be performed by one of the physicians on the list for the first ninety- (90) days. Therefore, in this situation, the employee may be required to treat with an employer designated provider for up to 180 days.
6. If you are faced with a medical emergency, you may secure assistance from a hospital, physician, or health care provider of your choice for your work related injury. However, when the emergency is resolved, you must seek treatment from a provider listed below.

<u>Name</u>	<u>Address</u>	<u>Phone</u>	<u>Area of Specialty</u>
MedExpress (Multiple Locations)	Four Rohrerstown Road Lancaster, PA 17603	717-299-3627	Urgent Care/Occupational Medicine
Concentra Medical Centers (Multiple Locations)	113 Butler Avenue Lancaster, PA 17601	717-391-3087	Occupational Medicine
Pain Management Center of Ephrata	4150 Barrett Blvd. Ephrata, PA 17522	717-738-6782	Pain Management
John F. Perry, MD (Multiple Locations)	2320 Rothsville Road, Suite 200 Lititz, PA 17543	610-286-1660	Orthopedics
UPMC Pinnacle Orthopedic Specialists (Multiple Locations)	1160 Manheim Pike, Suite 200 Lancaster, PA 17601	717-735-1972	Orthopedics
Surgical Specialists of Lancaster, P.C. (Multiple Locations)	2101 Embassy Drive Lancaster, PA 17603	717-735-7410	General Surgery
Eye Health Physicians of Lancaster	2207 Oregon Pike, Suite 102 Lancaster, PA 17601	717-569-0600	Ophthalmology
Krueger Chiropractic	1382 Harrisburg Pike Lancaster, PA 17601	717-393-9505	Chiropractic

CONVENIENT NETWORK LOCATIONS LISTED BELOW

PCS PT Network	Call Toll Free for Closest Location	1-888-594-4001	Physical Therapy
PCS Diagnostic Network	Call Toll Free for Closest Location	1-888-594-4001	Diagnostic Testing
Coventry DME Plus	Call Toll Free	1-877-203-9899	DME
Optum	Call Toll Free for Closest Location	1-800-964-2531	Pharmacy

Panel Date: 8/22/2019